

THE CHURCH AT STUDY

A variety of Sabbath School classes for each age group meet to pray, fellowship, study and learn more about Jesus. Our children, youth and young adult classes are held in the lower levels.

Season of Prayer	Congregation
Membership Care and Fellowship	Classes
Sabbath School Study	Classes
Special Music	Eugene Rodgers
Mission Spotlight	Small Church Plant in the Big City
Closing Comments and Prayer	Auston McGann and Madison Orpana
<i>Sabbath School loose offerings will be allocated 50% to S.S. Expense, 50% to missions, unless specified on a tithe envelope.</i>	

WE GATHER TO WORSHIP

Prelude	Harold de Oliveira
Call to Worship	Jared Morae
Hymn of Praise	Zelinda Sealy-Scavella
<i>My Maker and My King</i>	
Welcome and CPC News	Elder Jared Morae
Tithes and Offerings	Local Church Budget
Offertory	Harold de Oliveira
Praise Singing	Praise Team
Congregational Prayer	Carlos Oliveira
Scripture Reading	Raymond and Rollande Giguere
<i>Revelations 14:1-5</i>	
Musical Meditation	Nathaly Zabel, Thiago and Emili Dias
Message	Pastor DeSilva
<i>Appetite and the Final Crisis</i>	
Closing Hymn	Zelinda Sealy Scavella
<i>I'd Rather have Jesus</i>	
Benediction	Pastor DeSilva
Postlude	Harold de Oliveira

WE DEPART TO SERVE

The offering collected during the children's story time will be used for Student Aid Assistance.

PASTORS CORNER

How Is Your Appetite?

The Bible reminds us that we are "fearfully and wonderfully created." The more we study and discover how our body functions, the more we see God's amazing & intelligent design. Our bodies are built up from the food we eat. Each organ of the body requires its share of nutrition. The brain, bones, muscles, and nerves demand their portion. The food we consume is processed and transported to build up the various parts of the body. We Become What We Eat.

A study conducted by the University College London in the United Kingdom looked at 214 pairs of twins. The study indicated that food preferences for meat and fish are highly hereditary, whereas preferences for fruit and vegetables are derived from education and must be learned. It is a finding that affirms the role of a parent to educate their children in healthy eating. The education of appetite starts early and includes what you bring to the table. We Eat What We Choose.

The natural inherited tendencies are not necessarily toward healthy foods, but rather to salty or sugary processed foods and strong flavors. It has been a constant battle ever since the beginning of mankind. We find numerous examples of Bible characters being tested on appetite. While some have passed the test (Jesus, Daniel & his friends, John the Baptist, Elijah) others have failed the test (Adam, Eve, Esau, Samson, Sons of Eli). God gave all of them special missions, but He first gave them a test on appetite. Their destiny was determined by the decision they made. We Choose What We Appetize or Crave.

Have you ever seen a child kicking and screaming inside the toy store or in the mall when she didn't get what she wanted? Failure to control your appetite is the same as failing to control an undisciplined child who throws a tantrum when she doesn't get her way. Here is an important question to ask yourself. If I am giving myself to appetite, what is it costing me? It costs time, attention, and money to satisfy your appetite. And ultimately it will cost your destiny.

"Many are made sick by the indulgence of their appetite. They eat what suits their perverted taste, thus weakening the digestive organs, and injuring their power to assimilate the food that is to sustain life... Thus the delicate machinery is worn out by the suicidal practices of those who out to know better. Sin indeed lies at the door. The door is the mouth (HL 74)." Many have failed but I am thankful that we can claim victory through Jesus. His example declares that "our only hope of eternal life is through bringing the appetite and passion into subjection to the will of God (DA 122)."

We are the Adventists that are waiting for the soon coming of our Lord, Jesus Christ. The Apostle Paul is encouraging us from 1 Corinthians 9:24-26 (NLT). *"Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in (all of) their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step." ~ Pastor Lee*

TODAY

Charitable church donation tax receipts for 2019 will be available after the service in the foyer.

Men's Pre-Baptismal Bible Class: 9:30am in Pastor DeSilva's office.

TODAY CONT...

Social Committee: The Love Story continues with potluck lunch following church - followed by making cards, decorating cookies and putting together gift baggies to share in our church neighborhood. Come and be a part of the fellowship, fun and outreach.

Sabbath School: Superintendent's will be meeting during potluck in the Assembly Room.

Personal Ministries Bible Study: 4pm in the West Chapel

Social Committee: Gym Night 7:00 PM at Kingsway Gym. Adventurers will be selling refreshments in preparation for their 2020 Adventurer Camporee.

Adventist Celebration Singers Choir: 4-5:30pm practice at the Kingsway College choir room.

WEEK AT A GLANCE

SUNDAY

Prayer Shawl Ministry: 2-4pm in Room 109 East Annex. Beginner knitters and crocheters welcome! Contact: Sherry Reader 905-259-7716.

MONDAY

Caring and Sharing Ministry (Knitting & Crocheting): 2-4pm at 61 Grandview St. N. Contact 905-723-0267 or ilahdalke@hotmail.com.

TUESDAY

Pathfinders: 6:30pm regular meeting at CPES.

WEDNESDAY

Prayer Meeting: 7pm in the East Chapel. We will be using the 10 days of Prayer materials. Week 7 Topic: Praying in the Holy Spirit. Materials are available at <https://www.tendaysofprayer.org>

Baptismal Classes: 7pm in the Earliteen Room. Ages 10-16.

FRIDAY

Young Adult Vespers: 7pm in the East Side Chapel. Our young adults are encouraged to attend for an evening of spiritual fellowship.

Teen Club: 7pm in the Youth Room (Rm. 109). Join Pastor DeSilva and Michelle for vespers and refreshments.

CPC ANNOUNCEMENTS

Girls for Jesus and Friends: Is happy to announce the opening of our 2020 season! We will hold our Annual Camp Frenda Adventist Community Centre kids sponsorship fundraiser event on June 6th, 2020 at 6pm at CPC. We will begin our work on "It Happened at Camp Wil-lomocky" musical on Sabbath, February 22, 2020 at 2:00pm sharp at the CPC sanctuary. We are inviting children ages 8-16 to join us on this fun adventure. We are also looking for enthusiastic parents/individuals to support this project in various capacities, which will be discussed at the initial meeting on Feb 22@2:00pm. For more information email Daniella Kuchurivski at dkuchurivski@gmail.com.

Old Electronics: We are looking for your old electronics that can be donated to the church. This money will be used towards our Children's Ministry. Until Mar 1. (As of Feb 5, \$350 has been raised)

College Park Church Ministries 1st Reading	
L.I.T.E. Leaders	Ashley Arriola and Alicia Dooks
Head Deacon	Exquiel Juanata
Assistant Head Deacon	Steve Crowell
Health Leader	Merry Ryan and Laverne Bourne
Junior Deaconesses	Cadence M., Mackenzie D., Micah S. Gabrielle J., Lauren K., Nicole K.,

Deacon and Deaconess Meeting: Friday February 28 at 7pm in the Primary 2 classroom. This meeting will serve as a general training and organization session for all deacons and deaconesses.

Wedding Shower : For Adam Bussey and Malissa Flores. Everyone is welcome to come to the Jack and Jill Shower for these two young people who have grown up in the College Park family. Come celebrate with them and support them on Sunday, March 1, in the Kiingsway Cafeteria from 12:00-2:30 pm. For planning purposes, if you plan to attend, please email either Arlene Flores at finnie_flores@hotmail.com or LaVonna Bussey at lavonnabussey@gmail.com. Hope to see you there!

Women's Ministry: Ladies, mark your calendars and get ready for our Camp Frenda Retreat weekend, April 3-5, 2020. Registration information is coming soon!

Prayer Requests: Traditions of Durham: Eunice Ferrell, Dave Lawson, Cora Tripp
Hillsdale Estates: Adam Bujak, Lorain Davis, Reg Jariett, Joel Dahl Sr., Hanna Watson; **Hillsdale Terraces:** June Bell, Jill Parchment; **Orchard Villa Long Term Care:** Kay Fairchild; **Marnwood Bowmanville:** Olga Cook; **Strathaven:** Leslie Morrison, **Valleyview Toronto:** George Clarke; **Harmony Estate:** Allie Pazitka; **Victoria Manor:** Mabel Jeffery; **Heritage Green:** Robin Carby. TBA: Sandra Albertastine. At Home: Kaeden Bullock, Vida Bullock, Geonelle Kivisto, Cecil Milner, Val Morrison, Marsha Ram, Raymond Morrow, Donna Sherren, Shirley Tarr, Felicia Weststrate, Vincent Williams, Taye-Sean Smith, Meghan Moores, Ilah Dalke.

ONTARIO CONFERENCE

Autism Faith Community: The Autism Community Fellowship is for EVERYONE! So bring your neighbours, friends and all your family for a day of worship, support & a FREE music workshop with our friends from Creative Minds Music Therapy! Please register for the music workshop and bring lunch for you and your family to enjoy. See you on Saturday, February 22, 2020 from 11am - 2pm Crawford Adventist Academy East 1765 Meadowview Avenue, Pickering, ON L1V 2G7

VBX/VBS Training 2020: Sunday, March 8 at 10am at College Park Seventh-day Adventist Church for VBX Leaders. Online registration at adventistontario.org. A light lunch will be served following the presentations.

Camp Frenda: Summer Camp is coming to Frenda! Registration begins January 27 – join us for a week or two of incredible fun, and a rich spiritual experience! Go to www.campfrenda.com for all the exciting details.

Camp Frenda: Interested in working at Frenda? Summer staff applications open January 27. Check the website for further info – a summer of amazing ministry and awesome memories could be waiting for you!

February 22 ~ Pastor DeSilva
 February 29 ~ Pastor DeSilva
 March 7 ~ 10 Days-Weeks of Prayer Concludes

For more information
www.collegeparkchurch.ca

Live streaming is now available on YouTube
College Park Church Oshawa

FINANCE AT A GLANCE

Church budget needed by Feb 8 '20	\$20, 600
Church budget raised by Feb 1 '20	\$ 20, 975
Mortgage balance as of end of Feb 29 '19	\$164, 822
Mortgage payment needed by Feb 29 '20	\$19, 654
Mortgage payment raised by Feb 1 '20	\$10, 988
Average monthly Interest on Mortgage	\$535

The designated offering for today: Local Church Budget
 The offering for next Sabbath: Ontario Conference Advance

Please remember our ongoing commitment to Adventist Christian Education. There are two options for you to consider when giving to support our young people.

CPES Worthy Student Fund KC Student Aid/3 Way Matching

Thank you for your support in helping the young people of our church to receive a Christian Education.
 There are various options for donating to our church online:

1. Visit adventistgiving.ca
2. Download Adventist Giving app onto your smartphone.
3. The link on the homepage of our church website.

Lead Pastor

Glenn DeSilva 905-725-1121
gdesilva@adventistontario.org

Associate Pastor

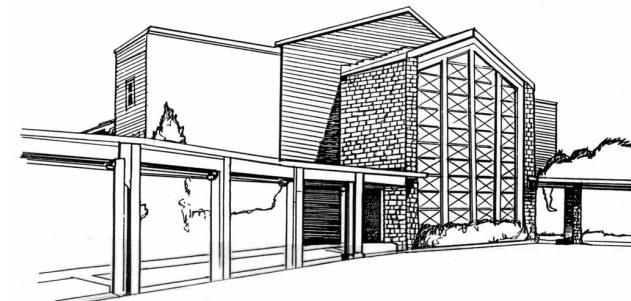
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Assistant/Youth Pastor

Andrew Orpana 647-679-0070
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Head Elder

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ON DUTY THIS WEEK

Charge Elder: Jared Morae
 Assistant Elder: Conrad Smith
 Deacon: Stan Ouyang
 Deaconess: Katie Fowler

PRAYER FOCUS

Let him who is struggling against the power of appetite, look to the Saviour in the wilderness of temptation. See Him in His agony upon the cross, as He exclaimed, "I thirst." He has endured all that it is possible for us to bear.

His victory is ours.
 Counsels on Diet and Foods pg. 152

February 15, 2020

Sunset tonight: 5:46 Next week: 5:55